Evaluation of Clinical Supervision

Name of Supervisor:

Name of Supervisee:

Supervision time period:

Primary ______

Training Rotation ______

Group_____

Supervision Sequence_____

Please use the following scale to rate the supervisor on the items below:

5 = Excellent

4 = Good

3 = Average

2 = Below Average

1 = Unsatisfactory

N/A

Research

My supervisor:

1) stays current and values scholarly knowledge relevant to the profession of psychology.

2) effectively facilitates dialogue about application of scholarly knowledge in clinical practice.

Ethics & Legal Standards

My supervisor:

1) is aware of ethical and legal considerations and provides guidance around navigating these concerns as they become relevant.

2) helps me to cultivate an ethical decision making process that is methodical and organized.

3) encourages me to consult about ethical/legal concerns.

4) promotes reflection on the impact of my personal values as relevant to ethical clinical practice.
**Individual & Cultural Diversity**

My supervisor:

1) advances my sensitivity and ability to work effectively with diverse clients.
2) initiates conversation around diversity, worldviews, and power dynamics in the supervisory relationship.
3) promotes self-awareness around diversity and social justice issues.
4) models advocacy for social justice and intervenes with institutions and systems.
5) challenges and supports me to examine the impact of personal and systemic biases, stereotypes, and prejudice.

**Professional Values, Attitudes, & Behaviors**

My supervisor:

1) models and encourages a commitment to life-long professional and personal development.
2) helps me to more effectively manage the administrative aspects of my job (documentation, correspondence, evaluations, etc).
3) is aware of the extent and limits of their supervisory competence.
4) is timely, responsive, and reliable.
5) promotes increasing autonomy and development of my professional identity.
6) helps me to navigate my various roles and the reporting structure of the agency.

**Communication & Interprofessional Skills**

My supervisor:

1) advances my ability to work effectively as a member of the CAPS team.
2) helps me to consider how I might thoughtfully and purposefully engage in multidisciplinary and interdepartmental relationships.
3) communicates clear expectations.
4) gives me clear, constructive, and candid feedback that is direct and behaviorally anchored.
5) is appropriately self-disclosing in the service of empathy and/or learning.
6) solicits feedback, is receptive to feedback, and incorporates it to enhance the supervision experience.
7) is thoughtful about examining our supervisory relationship (e.g., power differentials and open sharing of reactions).

**Assessment**

My supervisor:

1) advances my abilities with triage, initial assessment, role/scope considerations, and disposition decisions.
2) helps me perform appropriate and comprehensive risk assessment for the health/safety of clients and others.
3) helps me to use assessment data to inform treatment decision-making, planning, implementation, and modification.
4) encourages discussion of diagnostic classifications/systems, psychopathology, client strengths, and presenting symptoms to formulate conceptualizations for clinical work.
5) helps me to appropriately use assessment skills that utilize and integrate biological, cultural, psychological, and social variables into the evaluation and diagnostic process.
6) helps me to thoughtfully select assessment instruments that are anchored in empirical literature and are psychometrically sound.

**Intervention**

My supervisor:
1) advances my ability to develop and utilize therapeutic relationships.
2) helps me to develop culturally sensitive and evidence-based interventions that align with case conceptualizations.
3) assists me in clearly articulating an organized theoretical orientation and how that informs clinical intervention.
4) supports me in creating and pursuing outreach endeavors (builds on my strengths and interests).
5) helps me to identify the most appropriate treatment modalities.

**Supervision**

My supervisor of supervision:
1) facilitates my development of a theoretical approach to supervision.
2) equips me with interventions that enhance my works as a supervisor.
3) helps me to develop the relational qualities necessary to be an effective supervisor.
4) promotes an integration of personal and professional identities in my role as a supervisor.
5) helps me to follow ethical, principles, laws, and professional guidelines in provision of supervision and supervision documentation.

**Consultation & Interpersonal/Interdisciplinary Skills**

My supervisor:
1) helps me to effectively consult with psychiatrists and/or other mental health professionals regarding individual clients.
2) helps me to effectively provide consultation to parents, faculty, staff, and concerned others regarding individual clients.

**Counseling Center Specialty**

My supervisor:
1) assists me in understanding my approach to clinical practice within the role and scope of our counseling center.
2) helps me with intra-university coordination of care and cross-campus collaboration.
3) facilitates skill development within a brief, short-term treatment model.
4) helps me navigate the different structures and systems within the agency, the division, and the university.
**Supervisory Relationship**

My supervisor:

1) gives continuous and relevant feedback.
2) creates a supportive climate for courageous self-exploration.
3) connects with and responds to my emotions.
4) demonstrates awareness of my developmental level.
5) explores personal background and history, including socio-cultural factors, which may affect the my work with clients
6) demonstrates an appropriate balance of consistency and flexibility.
7) is dependable.
8) is invested in the supervision process.
9) uses supervision in meaningful and productive ways.