

Evaluation of Clinical Supervision

Name of Supervisor:

Name of Supervisee:

Supervision time period:

Primary _____

Training Rotation _____

Group _____

Supervision Sequence _____

Please use the following scale to rate the supervisor on the items below:

5 = Excellent

4 = Good

3 = Average

2 = Below Average

1 = Unsatisfactory

N/A

Research

My supervisor:

- 1) stays current and values scholarly knowledge relevant to the profession of psychology.
- 2) effectively facilitates dialogue about application of scholarly knowledge in clinical practice.

Ethics & Legal Standards

My supervisor:

- 1) is aware of ethical and legal considerations and provides guidance around navigating these concerns as they become relevant.
- 2) helps me to cultivate an ethical decision making process that is methodical and organized.
- 3) encourages me to consult about ethical/legal concerns.
- 4) promotes reflection on the impact of my personal values as relevant to ethical clinical practice.

Individual & Cultural Diversity

My supervisor:

- 1) advances my sensitivity and ability to work effectively with diverse clients.
- 2) initiates conversation around diversity, worldviews, and power dynamics in the supervisory relationship.
- 3) promotes self-awareness around diversity and social justice issues.
- 4) models advocacy for social justice and intervenes with institutions and systems.
- 5) challenges and supports me to examine the impact of personal and systemic biases, stereotypes, and prejudice.

Professional Values, Attitudes, & Behaviors

My supervisor:

- 1) models and encourages a commitment to life-long professional and personal development.
- 2) helps me to more effectively manage the administrative aspects of my job (documentation, correspondence, evaluations, etc).
- 3) is aware of the extent and limits of their supervisory competence.
- 4) is timely, responsive, and reliable.
- 5) promotes increasing autonomy and development of my professional identity.
- 6) helps me to navigate my various roles and the reporting structure of the agency.

Communication & Interprofessional Skills

My supervisor:

- 1) advances my ability to work effectively as a member of the CAPS team.
- 2) helps me to consider how I might thoughtfully and purposefully engage in multidisciplinary and interdepartmental relationships.
- 3) communicates clear expectations.
- 4) gives me clear, constructive, and candid feedback that is direct and behaviorally anchored.
- 5) is appropriately self-disclosing in the service of empathy and/or learning.
- 6) solicits feedback, is receptive to feedback, and incorporates it to enhance the supervision experience.
- 7) is thoughtful about examining our supervisory relationship (e.g., power differentials and open sharing of reactions).

Assessment

My supervisor:

- 1) advances my abilities with triage, initial assessment, role/scope considerations, and disposition decisions.
- 2) helps me perform appropriate and comprehensive risk assessment for the health/safety of clients and others.
- 3) helps me to use assessment data to inform treatment decision-making, planning, implementation, and modification.

- 4) encourages discussion of diagnostic classifications/systems, psychopathology, client strengths, and presenting symptoms to formulate conceptualizations for clinical work.
- 5) helps me to appropriately use assessment skills that utilize and integrate biological, cultural, psychological, and social variables into the evaluation and diagnostic process.
- 6) helps me to thoughtfully select assessment instruments that are anchored in empirical literature and are psychometrically sound.

Intervention

My supervisor:

- 1) advances my ability to develop and utilize therapeutic relationships.
- 2) helps me to develop culturally sensitive and evidence-based interventions that align with case conceptualizations.
- 3) assists me in clearly articulating an organized theoretical orientation and how that informs clinical intervention.
- 4) supports me in creating and pursuing outreach endeavors (builds on my strengths and interests).
- 5) helps me to identify the most appropriate treatment modalities.

Supervision

My supervisor of supervision:

- 1) facilitates my development of a theoretical approach to supervision.
- 2) equips me with interventions that enhance my works as a supervisor.
- 3) helps me to develop the relational qualities necessary to be an effective supervisor.
- 4) promotes an integration of personal and professional identities in my role as a supervisor.
- 5) helps me to follow ethical, principles, laws, and professional guidelines in provision of supervision and supervision documentation.

Consultation & Interpersonal/Interdisciplinary Skills

My supervisor:

- 1) helps me to effectively consult with psychiatrists and/or other mental health professionals regarding individual clients.
- 2) helps me to effectively provide consultation to parents, faculty, staff, and concerned others regarding individual clients.

Counseling Center Specialty

My supervisor:

- 1) assists me in understanding my approach to clinical practice within the role and scope of our counseling center.
- 2) helps me with intra-university coordination of care and cross-campus collaboration.
- 3) facilitates skill development within a brief, short-term treatment model.
- 4) helps me navigate the different structures and systems within the agency, the division, and the university.

Supervisory Relationship

My supervisor:

- 1) gives continuous and relevant feedback.
- 2) creates a supportive climate for courageous self-exploration.
- 3) connects with and responds to my emotions.
- 4) demonstrates awareness of my developmental level.
- 5) explores personal background and history, including socio-cultural factors, which may affect the my work with clients
- 6) demonstrates an appropriate balance of consistency and flexibility.
- 7) is dependable.
- 8) is invested in the supervision process.
- 9) uses supervision in meaningful and productive ways.