

STAFFED BY PROFESSIONALS

The service is staffed by a team of highly trained and qualified professionals who are experts in fields such as well-being, family matters, relationships, debt management, employment issues, consumer rights, and much more. You can be confident that the information you receive is accurate, up-to-date, and relevant to your particular circumstances.

TOLL-FREE: **(866) 329-4148**

WEBSITE: **www.deeroakseap.com**

USERNAME: **tamusap**

PASSWORD: **tamusap**

STUDENT ASSISTANCE PROGRAM

*Achieving balance through
total well-being and support*



ALWAYS AVAILABLE.
ALWAYS CONFIDENTIAL.



WELCOME TO YOUR STUDENT ASSISTANCE PROGRAM. *Achieving balance through total well-being and support*

Short-Term Counseling

help from experienced counselors available face to face, by telephone, or on-line

Life/Career Coaching

telephone sessions with a trained coach to help you succeed with short and long term goals

Financial Assist telephone sessions with a consultant to better manage elements of your financial responsibilities

Legal Support from attorneys ready to provide consultation and answer questions free of charge. Ongoing services may be available at a discount.

Work-Life Resource and Referral telephone consultation, research and confirmed referrals to assist with managing family responsibilities or daily living

The Student Assistance Website offers access to all of our services along with resources and information to support

Your Student Assistance Program is here to help you face the challenges of balancing school with work or other responsibilities. Help is available from a network of qualified professionals. When you call the toll-free number, a Student Assistance Consultant will respond to your request thoroughly and promptly. And when you log on to the Student Assistance Website, you'll find an abundance of useful resources, articles, links and interactive tools.

SERVICE OVERVIEW

- A complementary component to other student benefits
- Provides professional consultation and referral to assist with a wide spectrum of school, work, family, and personal issues
- Accessed by phone, e-mail, instant message, or website
- Available anytime, any day
- Always confidential
- No cost to you to use the service
- No limit to the number of issues for which you may use the service

SPECIAL FEATURES AND BENEFITS

In addition to the live support from professional Consultants, the following special features are available for your benefit:

- **LiveCONNECT**, a feature that allows you to instant message a Consultant
- **Savings Center**, where you can shop name-brands at discounts of up to 25%
- Financial and Daily Living Calculators, for a variety of practical applications
- **LifeLines**, a quarterly newsletter with information on topics for your daily life

ACCESS IS EASY

No matter when, no matter where, you have access to professional support. Call or log on to get started.

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The service is a free benefit from your educational institution.